

The Holy Spirit: Breath of God

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“For in Him we live and move and have our being.”

Acts 17:28 NKJV

Back in Genesis, it describes how we were made. *“And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being”* (Genesis 2:6-7). It is from the breath of God that we actually get our life.

The same thing happens when we are born of the Spirit. When we are reborn, it is from the breath of God. In the Gospel of John, Jesus gives His disciples the Holy Spirit. Just as God breathed on Adam and gave him the breath of life, Jesus breathed on His disciples in John chapter 20: *“Peace to you! As the Father has sent me, I also send you.’ And when He had said this, He breathed on them and said to them, ‘Receive the Holy Spirit’”* (John 20:21-22).

Jesus didn’t just breathe on the disciples 2,000 years ago. Every time we are baptized in the Holy Spirit, it is God’s breath on us. Just imagine that. I think most Christians today believe the baptism in the Holy Spirit is only a one-time event. We see such an event in Acts chapter 2, but we fail to look forward to Acts chapter 4 where they get baptized in the Holy Spirit again. It says very clearly in Acts chapter 4 they were *all* filled with the Holy Spirit when they were in a prayer meeting. This means we can be filled with the Spirit continually.

We don’t have to walk around as if there are some moments when we are filled with the Spirit and other moments when we’re not. We can be continually filled with His presence. Imagine how that would transform your life! The baptism in the Holy Spirit is not a one-time event; it can be a continuous thing for all who believe.

Christians need to be filled with the Holy Spirit now, more than ever. We need to be filled with His authority and have the power of God working in our lives. We live in perilous times; this is not a time for us to take off the armor of God and go relax. We need to be fully armed and fully prepared with the Holy Spirit.

What is the Holy Spirit saying to me?

ACTIVATION

- Open your heart to the fresh filling of God’s breath, His Spirit. Get comfortable with the idea that baptism in the Spirit is not just a one-time event, but a continually needed experience in your life.
- Thank God for His breath of life in you!
- Take time to pray through your spiritual armor and let the Holy Spirit show you strategy for your day.

FURTHER STUDY

Acts 4:31; Ephesians 6:10–19